

# US Army Health Clinic Vilseck - Phased Clinical Services Availability

Current

Readiness

Chronic Care

New Normal

## PHASE 0

(Current COVID operations)

### PRIMARY CARE/SOLDIER CARE

- Acute conditions with onset less than 30 days and not improving:
- Post-surgical: Suture removal, bandage change, med needs
- Minor procedures: Circumcisions, skin biopsy, laceration repair
- Well Child visits
- FAP/SHARP exams
- Immunization Clinic
- In/Out Processing
- Separation physicals
- Medication injections, STD checks, B/P checks, concussion checks
- EFMP (Telephone or video visit)

### BEHAVIORAL HEALTH

- Emergent walk-ins
- Risk assessment: hospital discharge, same-day medical/SRP referrals, or on-call FAP referrals
- Out-processing

### PHYSICAL AND OCCUPATIONAL THERAPY/ MILD TRAUMATIC BRAIN INJURY

- Acute post-operative (<60 days)
- Acute injury (<30 days)
- mTBI as identified by provider

### OPTOMETRY

- Emergency care
- Postoperative follow ups
- Deployment SRP physicals
- Physicals for Chapters, ETS, Retirement

### NUTRITION

- Urgent needs
- Army Body Composition Program to maintain AR 600-9 compliance

### AUDIOLOGY

- Deployment related SRP

## PHASE 1

(Starting 08 June 2020)

### ALL SERVICES FROM PHASE 0

#### PRIMARY CARE/SOLDIER CARE

- PHA's
- Routine care: Chronic conditions (Asthma, COPD, CHF, HTN, DM)
- Occupation health evaluations that do not require OF-178
- Women's health screening: Cervical, breast cancer
- Contraception visits and procedures (AD only)
- Optional Immunization, including SPACE A patients.

#### BEHAVIORAL HEALTH

- Unit Support via command consultation in unit footprint
- FAP (groups of sizes 5 or less)/FAP CRC Virtual/In Person
- EDIS screenings and evaluations,
- Psychiatry child/SUDCC Intakes
- BH in-processing and Chapter 5-13/5-17 evaluations

#### PHYSICAL AND OCCUPATIONAL THERAPY/ MILD TRAUMATIC BRAIN INJURY

- Active Duty Soldiers within 90 days of deployment/PCS/field rotation/school with conditions impacting readiness
- Established patients with chronic conditions (telephone or video visit)

#### OPTOMETRY

- Acute eye care
- Readiness eye exams (AD only)
- Physicals (No Initial Flight Physicals)

#### NUTRITION

- High and medium nutrition risk
- All others telephone or video visit

#### AUDIOLOGY

- Hearing readiness (walk-in)

## PHASE 2

(Late Summer/Early Fall)

### ALL SERVICES FROM PHASE 0 & 1

#### PRIMARY CARE/ SOLDIER CARE

- Women's health exam
- All routine annual physicals
- Contraception visits and procedures (Nexplanon, IUD, vasectomies)
- EFMP (Face to Face)
- TBD CYS Physical Drive

#### BEHAVIORAL HEALTH

- FAP (Groups of sizes under or less 10); FAP CRC In person
- EDIS in home evaluations, and follow-ups.
- Psychiatry individual sessions
- SUDCC individual sessions
- SBBH sessions (pending DODEA)
- BH in person intakes and all Chapters
- School evaluations

#### PHYSICAL AND OCCUPATIONAL THERAPY/ MILD TRAUMATIC BRAIN INJURY

- Active Duty with chronic conditions (>60 days)

#### OPTOMETRY

- Routine eye exams for AD
- Initial flight physicals

#### NUTRITION

- Resume all appointments; in person, telephone, or video visit

#### ARMY WELLNESS CENTER

- Resume all appointments

## PHASE 3

(Late Fall)

### ALL SERVICES FROM PHASE 0, 1, & 2

#### PRIMARY CARE/ SOLDIER CARE

- Minor skin procedures
- Patient-initiated routine care
- All other routine care not specifically listed
- Resumption of Teen Clinic
- TBD Retiree Appreciation Day

#### BEHAVIORAL HEALTH

- SUDCC in person
- BH groups,
- BH follow-ups
- Open services to SPACE A

#### PHYSICAL AND OCCUPATIONAL THERAPY/ MILD TRAUMATIC BRAIN INJURY

- Dependents/retirees with chronic conditions (>60 days)
- All mTBI
- Vision therapy

#### OPTOMETRY

- Routine eye exams for Prime Enrolled Dependents and empaneled patients

#### NUTRITION

- Resume Group classes

#### ARMY WELLNESS CENTER

- Resume Group classes

## US Army Health Clinic Vilseck - Phased Clinical Services Availability

- **Taking care of our Soldiers and families is our priority. Our team is standing by to answer any questions regarding services and to assist with booking your appointments. Please call the clinic at:**
  - **(DSN) 314-590-2338**
  - **(via Cell) 06371-9464-2300**
- **We are focused on Staff and Patient Safety. Please understand service availability may shift in response to community transmission rates, host nation regulations, and Health Protection Condition Levels (HPCON).**
- **The majority of services remain closed to SPACE A patients (except Optional Immunizations, CYS physicals in Phase II).**
- **The Phase Plan applies to all Prime Beneficiaries, regardless of clinic assignment.**
- **As the Host Nation/off-post referral network begins to resume care, please determine if you need a negative COVID test prior to your off-post procedure. If you need one, call the clinic to receive further instructions on how to get this done, and please give us the maximum time allowed by your German facility to process the test and get you the results (e.g. if you have to have the test within 5 days of your procedure, get an appointment to get tested 5 days before your procedure, not 2 days before). The Clinic will work through this need as the requirements are better understood.**