



DEPARTMENT OF THE ARMY  
LANDSTUHL ARMY MEDICAL CENTER  
ORTHOPAEDIC SERVICES

REPLY TO  
ATTENTION OF

MCEU-LST-SG-ORTHO

20 MAR 2013

Welcome,

On behalf of the Orthopaedic Services Staff which is inclusive of the Orthopaedics, Podiatry, Brace and Cast Clinics. I would like to take this opportunity to welcome you to Landstuhl Regional Medical Center (LRMC). We provide care for over 245,000 EUROM/CENTCOM war fighters/family members in a timely, caring, and efficient manner. To assist in meeting your needs, we have provided the following information which should make your visit with us more productive.

**Location**

LRMC is part of the Kaiserslautern Military Community (KMC) which is located in the southwest region of Germany 1.5 hours south of Frankfurt. We have attached a map of the Kaiserslautern region to help you locate LRMC.

**Directions**

From Autobahn 6 (A6) take the exit to Landstuhl West/Pirmasens to Autobahn 62 (A62). From A62 take the **Landstuhl Atzel** exit. At the end of the road is Langwiedener Strasse. Turn left on Langwiedener Strasse and follow the signs to Gate 3 US Hospital. You also may take the **Landstuhl West** exit and at the end of the road turn right and follow the signs to Gate 3 US Hospital. Please note that Gate 3 is the only car entrance.

If you are using a GPS, the zip code is **66849** and the street to use is Berliner Strasse. LRMC is located on Dr. Hitzelberger Strasse, but if you use this address you will most likely be routed through the town of Landstuhl. **Attachment 1** is a map of the LRMC Community. We are located on the 1<sup>st</sup> floor in Building 3768.

**Parking**

At certain times during the day parking at LRMC can be a challenge. We recommend that you arrive at least 20 to 30 minutes prior to your scheduled appointment time to find parking and to locate our clinics.

**Appointments**

All patients seen in both the Orthopaedic and Podiatry Clinics **must have an appointment**. You will be asked to complete "Orthopaedic Patient Information Form" (**Attachment 2**). It is important that we have accurate contact and medical information.

**Imaging**

**Allied Army Health Clinics in Germany (any Army Clinic in Germany) or Ramstein Air Base** radiological studies are visible in our system; therefore no CD ROM is required. If your imaging was performed at a facility other than the Allied Army Health Clinics in Germany or at Ramstein AB, bring all written reports (translated into English if needed) along with BOTH the printed out films or any x-rays/CT/MRI and a CD Rom of the study so the images can be electronically loaded onto the LRMC system. If you bring a CD ROM of your outside images, arrive approximately 1.5 to 2 hours prior to your appt time to have the images loaded onto the LRMC system. Please take the CD ROM to the receptionist in the Radiology Department (located in building 3711 first floor) as soon as you arrive. It takes

approximately one hour before your appointment time; your appointment **may be delayed**. Your doctor cannot provide adequate care using only written reports and will need to see the actual film or image in order to best diagnose and treat your problem.

NOTE: If you do not have a CD ROM of the x-ray, MRI or CT, you may be asked to reschedule your appointment until you can provide the CD ROM or until the test can be repeated at an army installation for clarity. Please contact your local Tri-care Referral Management Center if you have any questions.

### **Lodging**

If you live a distance away and you have an early morning or late afternoon appointment you may find it more convenient to spend the night in the KMC area. We have included the following information for your convenience.

**Fisher House:** There are two Fisher Houses at Landstuhl. They are unable to take reservations, only referrals. Confirmation is normally given one day before arrival. All active duty, retired, VA personnel, and their dependents who reside over 40 miles from the hospital are eligible to stay at Fisher House. Their telephone number is 06371-86-6630 or DSN: 486-6630.

**Ramstein Inns:** Central Reservations: 06371-45-4920 or DSN: 480-4920. You can also make reservations via e-mail: [lodging@ramstein.af.mil](mailto:lodging@ramstein.af.mil). Cost varies according to rank of service member. See **Attachment 3** for room rates as of April 20, 2009. Please note that these rates are subject to change.

**Ramstein Inn Landstuhl** located on the LRMC campus

**Ramstein Inn Ramstein** located on Ramstein Air Base. There is a limited shuttle service between Ramstein Inn Ramstein that will take you to LRMC at 0600 hr and at 1800 hr. (**See Attachment 4**) You will need to walk a short distance from the Inn to the shuttle stop. Taxi service to LRMC is approximately 30 to 35 Euros.

**Vogelweh Lodging** located at Vogelweh Air Base approximately 20 kilometers from Landstuhl. Only means of transportation from Vogelweh Lodging to Landstuhl are via private car or taxi.

**Local Hotels:** Cost average 80 Euros per night. Fisher House has a list of local hotels that can be faxed or emailed upon request. All hotels on the list will take VAT forms.

Please feel free to direct any questions/concerns to 06371-9464-6526 or you may speak with our Orthopaedic Nurse Educator at 06371-9464-5483.



**ARMY MEDICINE**  
 Serving To Heal...Honored To Serve

# New Patient Intake Form

## Patient Information

Full Name:	<input type="checkbox"/> Male <input type="checkbox"/> Female	Today's Date:
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Good Contact Number:	DSN:	Email:
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Date of Birth:	SSN:	Race:	Religion:
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Mailing Address:

Duty station, base or town where you live:

### For Active Members

Rank: \_\_\_\_\_ Status: \_\_\_\_\_ Time in Service: \_\_\_\_\_

Unit: \_\_\_\_\_ MOS/AFSC/Rating: \_\_\_\_\_

Are you coming from Downrange?  Yes  No

Is this appointment for a Medical Board?  Yes  No

Are you assigned to the WTU?  Yes  No

### 7. For Non-active Duty Patients

Are you covered by insurance other than Tricare?  Yes  No

8. Do you or a family member work for LRMC?  Yes  No

9. What is your occupation/job?

## Social History

Tobacco (now or in the past)  Yes  No \_\_\_\_\_ packs/day for \_\_\_\_\_ years. Quit \_\_\_\_\_ yrs ago.  
 Used chewing tobacco for \_\_\_\_\_ years. Quit \_\_\_\_\_ yrs ago.

Alcohol  Yes  No I have \_\_\_\_\_ drinks/day or \_\_\_\_\_ drinks per week.

Caffeine  Yes  No How much per day? \_\_\_\_\_

Marital Status:  Number of Children: \_\_\_\_\_

## Chief Complaint

Summarize briefly the reason for this visit:

Are you in Pain?  Yes  No Intensity (scale 0-10, 0 is no pain): \_\_\_\_\_

Location/Explain: \_\_\_\_\_

## Allergies

Do you have any allergies?  Yes  No

Please list all allergies...

Are you menopausal?  Yes  No

Are you pregnant?  Yes  No Due date: \_\_\_\_\_

## Sole Provider Program

Has a single provider been named who is the only one allowed to prescribe narcotics for you?

Yes  No Dr. \_\_\_\_\_

In flight status: \_\_\_\_\_

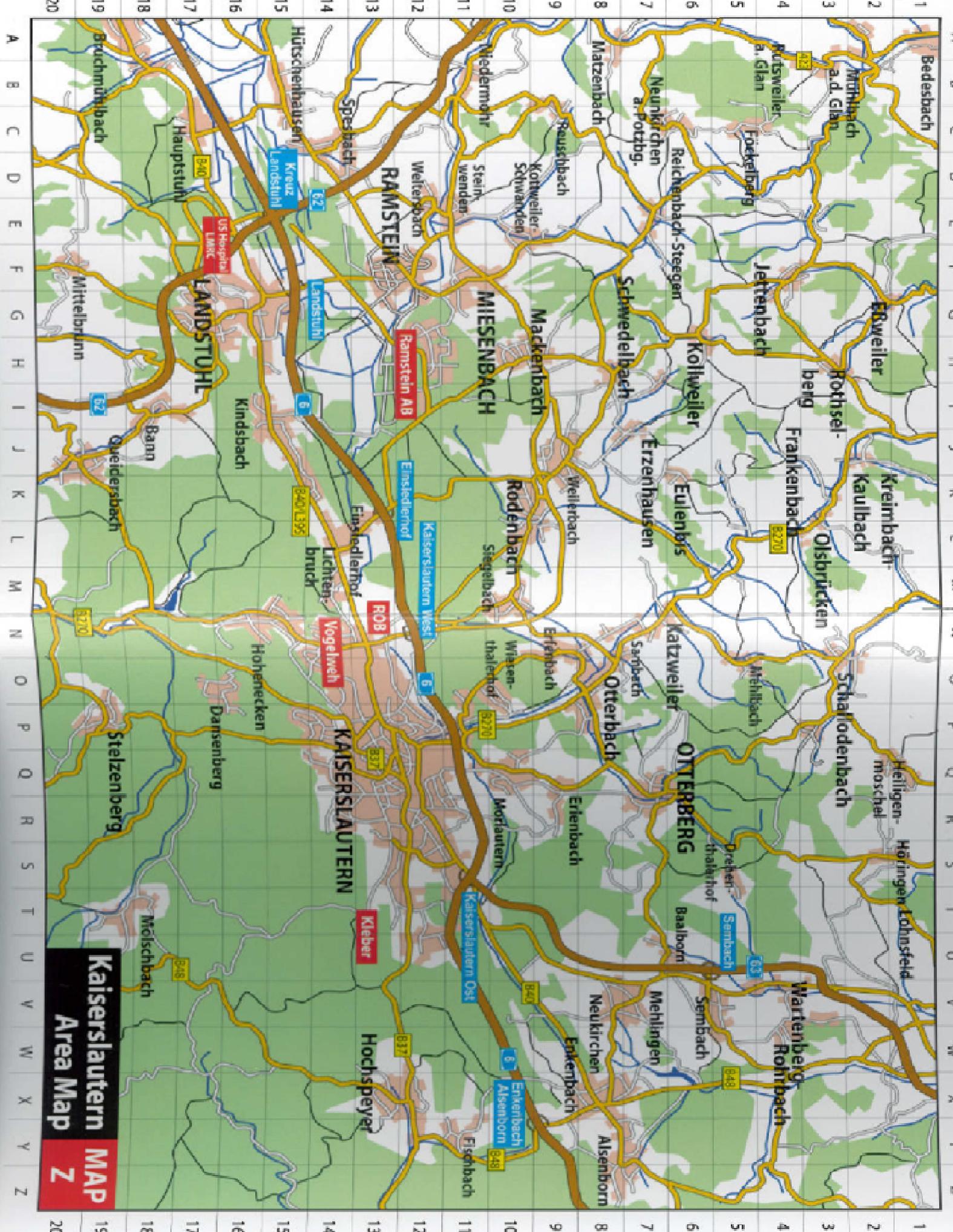
## Illnesses

Please list any Hospitalizations or Surgeries including dental extractions:

Hospitalization/Illness	Date	Surgery	Date

## Medical History

- |  |   |  |  |
|--|---|--|--|
| <input type="checkbox"/> Alcoholism            | <input type="checkbox"/> Thyroid disease        | <input type="checkbox"/> HIV                         | <input type="checkbox"/> Hypertension      |
| <input type="checkbox"/> Sickle cell disease   | <input type="checkbox"/> Tuberculosis (TB)      | <input type="checkbox"/> COPD                        | <input type="checkbox"/> Heart disease     |
| <input type="checkbox"/> Bleeding problems     | <input type="checkbox"/> Hepatitis              | <input type="checkbox"/> PTSD                        | <input type="checkbox"/> Diabetes mellitus |
| <input type="checkbox"/> High Cholesterol      | <input type="checkbox"/> Atrial fibrillation    | <input type="checkbox"/> Asthma                      | <input type="checkbox"/> Sleep apnea       |
| <input type="checkbox"/> Depression            | <input type="checkbox"/> Kidney Disease         | <input type="checkbox"/> Liver Disease               | <input type="checkbox"/> Chronic pain      |
| <input type="checkbox"/> Neurological Disorder | <input type="checkbox"/> Traumatic brain injury | <input type="checkbox"/> Peripheral Vascular Disease |  |
| <input type="checkbox"/> Cancer: _____         |   |  |  |
| <input type="checkbox"/> Other: _____          |   |  |  |



**Kaiserslautern Area Map**

**MAP Z**

# KMC LODGING FEES

## Lodging Rates:

Visiting Airman Quarters	\$34.75
Visiting Officers Quarters	\$39.00
Enlisted Suite	\$42.50
Officer Suite	\$48.25
Temporary Lodging Facility 1 & 2 Bedroom	\$41.50
Temporary Lodging Facility 3 & 4 Bedroom	\$52.00
General Cannon Hotel	\$53.25
Daily surcharge for Pet Friendly FLF's	\$10.00

There is no additional charge for family members occupying the same quarters. However, visiting quarters and distinguished visitor quarter have only one bed, with no children permitted.



Reservations Here

**LRMC – RAMSTEIN AB MALL – KLEBER KASERNE**

<b>LRMC DWMMC BLDG 93761</b>	<b>MTD BLDG 3753</b>	<b>RAMSTEIN AB KMCC MALL</b>	<b>KLEBER KASERNE BLDG 3231</b>
			<b>0745</b>
<b>0830</b>	<b>0835</b>	<b>0915</b>	<b>1000</b>
<b>1030</b>	<b>1035</b>	<b>1115</b>	<b>1200</b>
<b>1230</b>	<b>1235</b>	<b>1315</b>	<b>1400</b>
<b>1430</b>	<b>1435</b>	<b>1515</b>	<b>1600</b>
<b>1630</b>	<b>1635</b>	<b>1700</b>	
<b>1730</b>	<b>1735</b>	<b>1800</b>	
<b>1830</b>	<b>1835</b>	<b>1900</b>	
<b>1930</b>	<b>1935</b>	<b>2000</b>	
<b>2030</b>	<b>2035</b>	<b>2100</b>	
<b>2130</b>			<b>2215</b> Schedule ends

1. The bus operates 7 days a week to include German, American, and Training Holidays.
2. POC for this tender is Mrs. Merelen Simpson. During normal duty hours (0800-1630) she can be reached at the Medical Transient Detachment at 486-5910 (CIV 06371-86-XXXX). *After normal duty hours contact the MTD CQ Desk at 486-5564 (CIV 06371-86-XXXX).*
3. ***The transportation is for ID card holders only.*** Anyone needing to be signed in to access military installation cannot ride buses.

**Carrier: REISEBURO MULLER**

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**Bus Schedule II:**

**Carrier: BANDNER & SOHN**

<b>DEPART KLEBER</b>	<b>DEPART LRMC</b>
0815	0905
1100	1150
1240	1330
1420	1510
1600	1650
1740	

Service provided Monday through Friday except US Holidays.

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