

PATIENT ID: Name: (Last, First, MI) \_\_\_\_\_ DOB (MMDDYY) \_\_\_\_\_ Sex: M or F

Duty Phone(with prefix): \_\_\_\_\_ Cell Phone(with prefix): \_\_\_\_\_

Home #: \_\_\_\_\_ Email: \_\_\_\_\_ APO Address \_\_\_\_\_

SPONSOR'S INFORMATION: Social Security Number: \_\_\_\_\_ - Unit/Location: \_\_\_\_\_

Rank/GS series: \_\_\_\_\_ Service: (Army)(Air Force)(Navy)(Marines)(DoD)(Other) Duty Phone: \_\_\_\_\_

Sponsor Cell: \_\_\_\_\_ Sponsor's Email: \_\_\_\_\_

**PERSONAL MEDICAL HISTORY: Please circle any/all that apply**

- |                              |  |                              |
|------------------------------|--|------------------------------|
| Anesthesia problems          | Cancer (specify type _____)                | Diabetes mellitus            |
| Alcoholism / other addiction | Coagulation (bleeding or clotting) problem | Thyroid problem              |
| Allergies (environmental)    | Heart disease (specify type _____)         | Chronic low back pain        |
| Anxiety/Depression           | Hypertension (high blood pressure)         | Sleep Apnea                  |
| Asthma / COPD                | Stroke                                     | Cholesterol problem          |
| Atrial fibrillation          | Hepatitis                                  | Other problems (list): _____ |

**Illnesses** – Please list major illnesses/when?

**Surgeries** -Please list any surgical procedures/dates


**Medications** –Prescription and non-prescription medicines, vitamins, birth control pills, herbs; please continue

medications on the other side:  I take no regular medications. Do you take **Aspirin** or **other blood thinners**? Yes No

Medication	How Much/How Often	Medication	How Much/How Often

**Allergies** – Please list all **MEDICATION** allergies


**Social History:** Occupation: \_\_\_\_\_ Marital Status: \_\_\_\_\_

Smoking Y N I smoke(d) \_\_\_\_\_ packs/day for \_\_\_\_\_ yrs **OR** I quit \_\_\_\_\_ yrs ago

Alcohol Y N I have \_\_\_\_\_ drinks/day **OR** I drink socially (< 3 drinks/week)

Caffeine Y N How much per day? \_\_\_\_\_

**Family History**

Father:	
Mother:	
Anesthesia Problems?	
Prolonged bleeding?	

Have you ever had a blood transfusion? Y N Explain \_\_\_\_\_

**PLEASE LIST THE REASON FOR YOUR VISIT TODAY:**

**WOULD YOU LIKE A CHAPARONE FOR YOUR EXAM? Initial: YES/NO**

**REVIEW OF SYMPTOMS:** Please check (✓) any current problems you have on the list below.

**Constitutional**

- \_\_\_ Fevers/chills/sweats
- \_\_\_ Unexplained weight loss/gain
- \_\_\_ Fatigue/weakness

**Eyes**

- \_\_\_ Change in vision

**Ears/Nose/Throat/Mouth**

- \_\_\_ Difficult hearing/Ringing in ears
- \_\_\_ Problems with teeth/gums
- \_\_\_ Hay fever/allergies

**Respiratory**

- \_\_\_ Cough/wheeze
- \_\_\_ Difficulty breathing

**Cardiovascular**

- \_\_\_ Chest pain/discomfort
- \_\_\_ Leg pain with exercise
- \_\_\_ Palpitations

**Gastrointestinal**

- \_\_\_ Abdominal pain
- \_\_\_ Bloody/black bowel movement
- \_\_\_ Nausea/vomiting/diarrhea
- \_\_\_ Constipation

**Genitourinary**

- \_\_\_ Nighttime urination
- \_\_\_ Leaking urine
- \_\_\_ Painful urination
- \_\_\_ Blood in urine
- \_\_\_ Unusual vaginal bleeding
- \_\_\_ Sexual function problems

**Musculoskeletal**

- \_\_\_ Muscle/joint pain or swelling

**Endocrine**

- \_\_\_ Excessive thirst or urination

**Neurological**

- \_\_\_ Headaches
- \_\_\_ Dizziness/light-headedness
- \_\_\_ Numbness
- \_\_\_ Memory loss
- \_\_\_ Loss of coordination

**Psychiatric**

- \_\_\_ Anxiety/stress
- \_\_\_ Problems with sleep
- \_\_\_ Depression

**Skin**

- \_\_\_ Rash or mole change

**Blood/Lymphatic**

- \_\_\_ Unexplained lumps
- \_\_\_ Easy bruising/bleeding
- \_\_\_ Sickle cell disease

For Women: # pregnancies: \_\_\_\_\_ # deliveries: \_\_\_\_\_ # abortions: \_\_\_\_\_ # miscarriages: \_\_\_\_\_

1st day, most recent period: \_\_\_\_\_ Age at 1st period: \_\_\_\_\_ Frequency of periods: \_\_\_\_\_ Length of each: \_\_\_\_\_

Have you ever had an abnormal PAP test? Y N Any concerns about menopause/periods? Y N \_\_\_\_\_